

# Wealth & Prosperity Worksheet

## Scarcity vs. Abundance Consciousness

Before you can attract wealth and prosperity, you must transform a scarcity mindset into an abundance mindset. To turn this perception around, make it a point to see the abundance that surrounds you.

**1. What am I grateful for?**

**2. How will I focus on the good in my life?**

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You must deliberately turn your attention away from examples of scarcity, this means training yourself to refuse to obsess over anything that threatens your focus on wealth and well being.

**1. What threatens to disturb my interior freedom and intense focus?**

**2. How will I overcome this challenge?**

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# Breaking Negative Perceptions

You can't have a negative opinion of wealthy people and expect to be wealthy yourself! Every time you speak or think negatively about the wealth of others, you block wealth for yourself. Instead, start paying more attention to wealthy people you *do* admire.

- 1. Who do I admire? Why?**
- 2. How will I model the success of others?**

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Evaluate your perceived limits when it comes to being successful. Oftentimes, these limitations may be fears and barriers that exist only within your mind.

- 1. What is limiting me from the wealth and prosperity that I deserve?**
- 2. How can I overcome these obstacles?**

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# Passions and Happiness

The seeds of your wealth are tucked away in a surprising place: in your greatest passions. That means finding a way to use your interests and talents to contribute value to the world.

- 1. What is my passion and what am I going to do to follow-through?**
- 2. How can I use my passion to contribute value and create financial wealth?**

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Money isn't a source of happiness. If you want to be happy, you must decide to be happy, *now* – regardless of your current situation. Having money in the bank won't make problems go away.

- 1. What is my perception of money – is it my only source of happiness or a means to gain the fullness of physical, emotional, and spiritual wealth?**
- 2. How will I focus on the good in my life and be happy regardless of my situation or surroundings?**

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