




6 Things Frugal People Don't Spend Money On

Do you buy a lot of things you don't need? A lot of people do that more than they realize. Yet most of us know that to save more, it's a good plan to spend less.


So if you're tired of living paycheck to paycheck and pinching pennies, or if you want to save more money, examine some things frugal people don't spend on and see if you'd like to try out this lifestyle too.





Consider The Following Things Frugal People Don't Spend Money On:

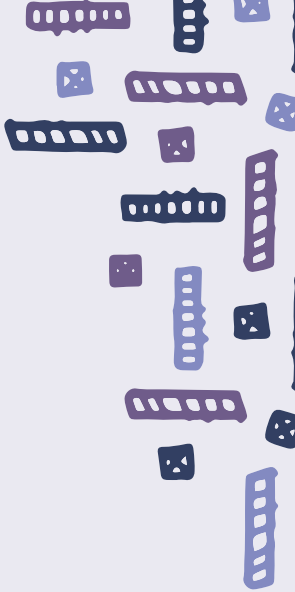

1. **Trendy fashion items.** Why should you buy a designer bag for \$30 when you can get one at a lesser price for \$10, especially as they both perform the same function? Why have multiple footwear when one or two good ones can do the same job?
 - ◆ That's how thrifty people think when they have to purchase items of clothing. They would instead fill their closets with simple, less expensive items.
2. **Brand new cars.** Frugal people don't see the use of buying a brand new car straight out of the factory when they can get a used working car. They are not concerned about how they look in a car or the status they get due to owning a specific kind of car.
 - ◆ It is great to have a car, but a person can generally get by without it, so they prefer to get something comfortable and functional.


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- ◆ A brand-new car would slowly decrease in value just like any other car, and no matter how well you take care of it, it wouldn't be able to hold its original value forever. So consider this point when buying your next car and save some money.

3. **Expensive home decor.** You'll be surprised about how much home decor costs. Thrifty people usually stick with what's necessary. Furniture such as a kitchen table, bed, and couch are necessary items.

- ◆ Other decor items such as flower pots, wall prints, art, and paintings may not be as important. Examine your house or apartment for decor that serves no particular purpose. You could also consider purchasing these items second-hand.

4. **Gadget upgrades.** Upgrading your phones, watches, laptops, and other electronic gadgets anytime there is an upgrade is not something most thrifty people do. It's easy to see the wisdom in not always needing the newest thing.

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- ◆ These upgrades often add only a few features to an already existing model, which you probably already own. Rushing after a more expensive upgrade can be a waste of money.
 - ◆ **If the gadgets you're using now are not damaged, and you have no particular need for an upgrade, you can wait till you need to replace your devices before you do.**
5. **Excess food and drinks.** Thrifty people eat and drink, but they may not eat out as much or buy expensive foods. They don't waste money stocking their kitchen cupboards and fridges with foods they don't need or are never going to eat.
- ◆ Look through your kitchen cupboard and fridge. Are there any jars and boxes which have been there for ages? Or are you trying to wean yourself off unhealthy foods? **Write a grocery list next time before you go to the store.** Then you can make better decisions about food.
6. **Bottled water.** Most frugal people try to save money where they can. Instead of buying water bottles, **purchase a high-quality**
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refillable water bottle. Get a water purifier to filter your water. Buying plastic bottles adds up. Avoid using them and save your money.

If you want to save money you can stop spending on items you don't need. You can **spend that money instead on investments and save for fun, more important things in life.** Eventually, you'll see the benefits of saving money on small purchases as you're able to save up to pay off debt or save for things you really want or need.